

Kamala Education Society's

Pratibha College of Commerce and Computer Studies

Block D-III, Plot No.-3, Behind Mehta Hospital, Off Mumbai-Pune Highway,
Chinchwad, Pune-411019.



- Govt. of Maharashtra & Savitribai Phule Pune University Recognized Minority Institute
 - Savitribai Phule Pune University
 - Reg. No. PU/PN/BBA, BCA BFT/280/2007
 - UGC – 2(f) and 2(B) Status
 - NAAC accredited College with 'A' Grade
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Academic Year 2023-2024 Nasha Mukht Bharat Abhiyan

With the primary objective is to interact with the students regarding Nasha Mukht Bharat Abhiyan in addition to curriculum. As per SPPU circular 26/2024 Student should aware about Nasha Mukht Bharat Abhiyan. In this context awareness program has organized like lecture, competition as awareness activities. We have invited eminent speakers and organized different programs for our students from different streams:

Following awareness Program has been organized:

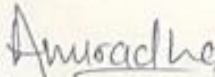
- 1) A guest lecture has been organized on '**Social Media: Addiction, Abuse and Harassment**' by Anti-sexual Harassment Committee and Gender Sensitization Committee. The speaker was from '**The Mukhtangan Foundation Mr. Nihar Hasbnis, Yerwada**' on 28th February 2024 at 10.00am in F-13 classroom.

Outcomes:

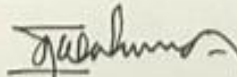
- Harmful impact of mobile phone on physical and mental health it can contribute to stress level, anxiety and stress.
 - Different ways of we get addicted of social media like Using social media when driving. Preferring to communicate with friends and family through social media rather than face-to-face. Feeling the need to share everyday things all the time
- 2) On the occasion of National Science Day Vigyaan 2024 event has been organized. In this event a **Poster Presentation Competition** has been organized by Anti-sexual Harassment and Committee Gender Sensitization Committee on Gender Equality, Gender Sensitization and Nasha Mukht Bharat Abhiyan on 1 st March 2024 at 10.30am on PCCCS First Floor.

- Separate from those who would encourage you to be involved with the object of your addiction (drug, alcohol, or behavior).
- Be prepared to deal with things that trigger your cravings, such as being in an environment where others are using.

Solution for stay away from the addiction of substance and behavioral addiction.


Dr. Anuradha Ghodke
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